

Assessment Form (Child)

Please mark all that applies to you or your child.

Rating Scale

1=This is rarely or never true about my child.

2=This is sometimes true about my child.

3=This is often true about my child.

4= This is nearly always true about my child.

Group A

My child is bothered by tags in clothes, is bothered by certain fabrics. ___

My child does not like loud noises. ___

My child seems overstimulated in crowds. ___

My child seems to refuse certain foods based on texture or smell. ___

My child has an intense reaction when he/her dirt on any part of his/her body. ___

If I don't get my child's personal health care routine right, he/she gets upset. ___

As a parent, I am always worried about my child's comfort because he/she gets irritated when he/she is the least bit uncomfortable. ___

My child will rather get physical affection like hugs and kisses from anyone outside our immediate family. ___

Total ___

Group B

My child just doesn't get into things, Baby proofing the house was almost unnecessary. ___

My child clings to me and he/she gets intensely upset if I try to leave him/her alone for a moment, with someone else like a babysitter or even grandma. ___

My child seems to get even more clingy and shy around with people we see frequently enough for him/her to know them. ___

My child seems afraid of lots of things. This is true especially at bedtime. ___

My child seems unsure of him/herself in any new situation. It takes him/her a long time to warm up and get comfortable. ___

Rather than jump into a new activity, my child likes to watch for a long time. She/he also needs some prodding to join the group. ___

If I say “no” to my child or set a limit, he/she immediately becomes upset and seem to retreat into him or herself. ___

Once my child is upset, he/she can't seem to move beyond it for a while. He/she stays sad or pouts for a long time. ___

Total ___

Group C

My child usually sticks with an activity for a while before he/she moves on the next activity. ___

My child isn't distracted easily from a task and likes to finish things once he/she starts. ___

My child really enjoys it when he/she has something tangible at the end of a project (like painting, drawing, or stack of blocks). ___

My child asks questions about how to do something and asks for help when he/she needs it. ___

My child is usually good about following directions. ___

My child does not ask me to do things for him/her; fine doing things independently. ___

My child doesn't refuse my offer to help. He/she likes it when we work together on a project. ___

My child likes to show me what he/she has done after finishing something and seems to take real pride in his/her accomplishment.

Total ___

Group D

My child really likes to be independent, and he/she is very resistant to anyone helping him/her. In fact, if I try to help, he/she usually gets mad. ___

My child can be very stubborn. If something is his/her idea, she/he really works hard. If it is my idea, there is almost nothing I can do to get him/her to do it. ___

My child has no problem telling me “No.” and he/she can be defiant and resistant. ___

My child tends to get angry quickly, and when he/she is angry it seems like the emotions are intense. ___

When I set a limit or say “No” to my child, he/she gets angry and tantrums or broods for a long time after. ___

My child’s tantrums can last for more than 15 or even 30 minutes at a time, and there is little that I can do to shorten them. ___

When I try to finesse my child into doing something he/she does not want to do by prompting or cajoling, the more vocal and louder my child gets in resisting me. ___

Total ___

Group E

My child has a hard time staying with any activity for more than a few minutes. Even if he/she is doing something he/she enjoys. He/she seems to get distracted to something else very easily. ___

My child is extremely impatient and can never wait for his/her turn for something. ___

My child seems to enjoy lots of stimulation, he/she likes it when there are lots of people around and lots of things going on. ___

My child is very active and loves climbing. I must watch him/her carefully because before I know it, he/she is on top of the couch, on the table, or in some other dangerous places. ___

My child has a really hard time staying in one place or staying still. He/she hates being in a highchair, and he/she rarely stays seated long enough to do things like drawing or schoolwork.

My child is gung-ho to try new physical activities, and he/she is usually quick to try out all the equipment on the playground (even the larger equipment designed for bigger kids). ___

I have a hard time keeping with my child at the store or in the mall. He/she is always on the move, and he/she likes to have me chase him/her around in a game of cat-and-mouse. ___

My child makes friends with practically everyone and does not seem shy around new people, he/she is often described as a “social butterfly”. ___

Total ___